Para Vida terms and conditions

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The term 'Para Vida' or 'us' or 'we' refers to the owner of the website whose registered office is Upper Farm Cottage, Claypits, Eastington, Gloucestershire, GL10 3AJ. The term 'you' refers to the user or viewer of our website.

The use of this website is subject to the following terms of use:

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related graphics contained on the website for any purpose. Any reliance you place on such information is therefore strictly at your own risk.

In no event will we be liable for any loss or damage including without limitation, indirect or consequential loss or damage, or any loss or damage whatsoever arising from loss of data or profits arising out of, or in connection with, the use of this website.

Through this website you are able to link to other websites which are not under the control of Para Vida. We have no control over the nature, content and availability of those sites. The inclusion of any links does not necessarily imply a recommendation or endorse the views expressed within them.

Every effort is made to keep the website up and running smoothly. However, Para Vida takes no responsibility for, and will not be liable for, the website being temporarily unavailable due to technical issues beyond our control.

Cancellation Policy

The following covers Para Vida's rights and your rights to cancel membership.

Our rights

Para Vida reserves the right to cancel your membership at any time at our discretion. Your membership runs from the day you join but payment starts after your 14 day free trial. Payment will be made for membership on a monthly basis via direct debit and is paid one month in advance. If we cancel your membership after you have paid for that month's membership you will receive a full refund for that month.

If you cancel your direct debit we will cancel your membership which will end one month after your final payment.

Your rights

You are entitled to a 14 day no obligation free trial. This runs from the first Monday after you join Para Vida for a period of 14 days. During this period a direct debit form will be completed to commence at the end of this 14 day period. If during this period you decide not to continue with your Para Vida membership you may cancel it by notifying us via email and cancelling your direct debit.

You reserve the right to cancel your membership at any time at your discretion. You will make payments on a monthly basis via direct debit for your membership. If you cancel your membership after you have paid for that month's membership, you will receive full membership until your next direct debit payment is due and then your membership will be cancelled. You will not get a refund for that month only continued membership until your next direct debit payment would be due.

The exception to the above is if you have paid for the Ultimate weight loss package. You either pay this up front or in three monthly payments. If you cancel you will get a refund on a pro-rata basis per full week outstanding.

If you have paid for a number of training sessions in advance these are non-refundable.

The following covers Para Vida's rights and your rights to cancel a personal training session.

Our rights

We will endeavour to carry out a personal training session on the date and time and at the location you have requested. However, from time to time this may not be possible for various reasons. If we cannot provide you with this service we will contact you to let you know as soon as possible and you will not be charged for the session. We will offer you an alternative date, time or location at the previously agreed price which you are not obliged to accept. Payment will be made for sessions in cash prior to the commencement of each session.

Your rights

You reserve the right to cancel a personal training session at any time prior to the agreed start time at your discretion. All we ask is that you make us aware at your earliest possible convenience. If we get to the agreed location at the agreed date and time and you are not there and have not informed us then you will be charged for the session.

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